

A Comprehensive Health Care Questionnaire

Name _____ Date of Birth _____ Age _____

First Last Middle

Address _____

Street City State Zip

Phone Numbers (H) _____ (W) _____ Spouse or Support Person _____ Phone _____

Pharmacy _____ Primary Care Physician _____

Height _____ Weight _____

Allergies: _____

Medications and Dose: (include over-the-counter and prescription drugs) _____

Supplements and Dose: _____

Vaccines: FLU YES NO If yes, date of last: _____

COVID YES NO If yes, dates: _____

GARDASIL / HPV YES NO If yes, dates: _____

GYN HISTORY LMP date: _____ Sexually active YES NO Age of first menses _____

Current birth control _____

DATE OF LAST: MAMMOGRAM _____ RESULT _____

COLONOSCOPY _____ RESULT _____

BONE DENSITY _____ RESULT _____

PAP SMEAR _____ RESULT _____

HIGH RISK HPV TEST _____ RESULT _____

History of abnormal pap smear YES NO; if yes please explain _____

DES Exposure YES NO

OBSTETRIC HISTORY Number of pregnancies _____ Number of children _____

Past pregnancies (dates of delivery) _____

History of Miscarriages or Abortion YES NO

FAMILY HISTORY: parents / grandparents / siblings

Breast Cancer YES NO relation: _____ Ovarian Cancer YES NO relation: _____

Colon Cancer YES NO relation: _____ Birth defects YES NO relation: _____

Diabetes YES NO relation: _____ High blood pressure YES NO relation: _____

Stroke YES NO relation: _____ Heart attack YES NO relation: _____

Other _____

SOCIAL HISTORY Gender at birth: FEMALE / MALE Identify as: FEMALE / MALE / OTHER: _____

Relationship status: Married / Single / Divorced / Separated / Widowed / Domestic Partner / Other

Spouse / Partner's Name: _____

Your Occupation: _____ Place of Employment: _____

Type of diet: Regular / Vegetarian / Vegan / Gluten Free / Other: _____

Exercise level: None / Occasional / Moderate / Heavy

Smoking Status: Never / Former / Current Smoker Do you use other forms of tobacco or nicotine? YES NO

Alcohol consumption: None / Occasional / Moderate / Heavy Caffeine consumption: None / Occasional / Moderate / Heavy

SURGICAL HISTORY

List surgeries and/or biopsies (Including date, type, hospital, and surgeon)

PAST MEDICAL HISTORY

- Attention Deficit Disorder (ADD / ADHD) YES NO
- Cancer – Breast YES NO
- Cancer – Cervical YES NO
- Cancer – Colon YES NO
- Cancer – Endometrial / Uterine YES NO
- Cancer – Lung YES NO
- Cancer – Skin YES NO
- Cancer – Vaginal YES NO
- Cancer – Vulvar YES NO
- Cardiology – Heart Arrhythmia YES NO
- Cardiology – Heart Disease YES NO
- Cardiology – High Blood Pressure YES NO
- Cardiology – High Cholesterol YES NO
- Dermatology – Acne YES NO
- Dermatology – Eczema / Psoriasis YES NO
- ENT – Hearing Loss YES NO
- ENT – Seasonal Allergies / Allergic Rhinitis YES NO
- Endocrinology – Diabetes YES NO
- Endocrinology – Glucose Intolerance / Insulin Resistance YES NO
- Endocrinology – History of Gestational Diabetes YES NO
- Endocrinology – Hyperthyroidism YES NO
- Endocrinology – Hypothyroidism YES NO
- Endocrinology – Osteopenia YES NO
- Endocrinology – Prolactinoma YES NO
- Endocrinology – Thyroid Problems YES NO
- Endocrinology – Vitamin Deficiency YES NO
- Eyes – Glaucoma YES NO
- Eyes – Vision Loss / Macular Degeneration YES NO
- GI – Colon Polyps YES NO
- GI – Crohn’s / Ulcerative Colitis YES NO
- GI – Gallbladder Disease YES NO
- GI – Hemorrhoids YES NO
- GI – Irritable Bowel Syndrome YES NO
- GI – Liver Disease / Hepatitis YES NO
- GI – Reflux / Ulcers YES NO

- GYN – Dysplasia YES NO
- GYN – Endometriosis YES NO
- GYN – Fibroids YES NO
- GYN – Infertility YES NO
- GYN – PCOS YES NO
- Hematology – Anemia YES NO
- Hematology – Bleeding Disorder YES NO
- Hematology – Blood Clotting Disorder / Factor V Leiden YES NO
- Hematology – Blood Transfusion YES NO
- Hematology – DVT / Pulmonary Embolism YES NO
- Hematology – Other YES NO
- ID – Tuberculosis / Positive PPD YES NO
- ID – Chicken Pox / Shingles YES NO
- ID – HIV YES NO
- ID – Herpes YES NO
- ID – MRSA YES NO
- Nephrology – Renal Disease YES NO
- Neurology – Dementia YES NO
- Neurology – Headaches / Migraines YES NO
- Neurology – Multiple Sclerosis YES NO
- Neurology – Seizures / Epilepsy YES NO
- Neurology – Stroke / TIA YES NO
- Ortho – Arthritis YES NO
- Ortho – Chronic Back Pain YES NO
- Ortho – Fractures YES NO
- Psych – ADD YES NO
- Psych – Anxiety Disorder YES NO
- Psych – Bipolar Disease YES NO
- Psych – Depression YES NO
- Psych – Eating Disorder YES NO
- Psych – PMS / PMDD YES NO
- Pulmonary – Asthma YES NO
- Pulmonary – COPD / Emphysema YES NO
- Pulmonary – Seasonal Allergies YES NO
- Pulmonary – Sleep Apnea YES NO
- Rheumatology – Arthritis YES NO
- Rheumatology – Autoimmune Disease YES NO
- Rheumatology – Fibromyalgia / Chronic Pain YES NO
- Rheumatology – Restless Leg Syndrome YES NO
- Urology – Hematuria (Blood in urine) YES NO
- Urology – Interstitial Cystitis YES NO
- Urology – Recurrent Urinary Tract Infections YES NO
- Urology – Stones YES NO
- Urology – Urinary Incontinence YES NO
- Vascular – Aneurysm YES NO
- Weight Management / Obesity YES NO

OTHER: _____

